

FREE TASTER SESSIONS – CENTRAL LONDON



WHERE?

233 Shaftsbury Avenue
London WC2H 8EE
Nearest tube station:
Tottenham Court Road

WHEN?

Thursday 23rd February
Tuesday 8th March
10 – 12.30

Springboard is the highly acclaimed personal development programme for women. Designed by women for women, Springboard suits all ages, backgrounds and lifestyles. Organisations that are serious about the development of their female staff LOVE Springboard because:

- Running Springboard visibly demonstrates commitment to equal opportunities and diversity management
- It improves morale and commitment, leading to a reduction in costly absenteeism and staff turnover
- Women deal with change at work more positively and flexibly
- It increases women's confidence and assertiveness – a direct benefit when dealing with customers and colleagues
- It develops untapped potential and increases the level of skill among female employees
- Employees are motivated to give more and get more from their work, leading to greater job satisfaction
- Women uncover more creative solutions and take the initiative more – presenting solutions rather than problems

These FREE half day sessions provide a valuable and rare opportunity for employers and interested individuals to find out why Springboard is so highly rated by the organisations that have used it. You will get the opportunity to ask questions about the programme, and experience Springboard for yourself.

*** Better still, taster session attendees can book this programme at a 15% discount! ***

HOW TO BOOK?

Booking is essential. To reserve your place, please contact

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