

SPRINGBOARD INFORMATION EVENING

Date: 19 March

Time: 4:00-7:00pm

Location: First100days

Seestr. 4

71229 Leonberg

For information, go to:

www.keeptraining.de

Women's Development

Programme

Personal development - what does it mean for you? Training with Springboard has benefited over 200,000 women in 30 different countries. Now, for the first time, Springboard is available in Germany. Find out how it could benefit you at an evening of networking with finger food and drinks. Register now by e-mail to guarantee a place.

The logo for Springboard, featuring the word "Springboard" in a cursive script font with a registered trademark symbol, underlined with a thin red line.

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Actively using English to maximise your training

Dual training for people who strive for continual personal & work

A 3-month programme of 4x1 day workshops, comprehensive, tailor-made personal workbook, guest speakers, network groups all result in:

- ◇ building a positive attitude
- ◇ managing responsibility
- ◇ embracing change
- ◇ gaining more focus and confidence

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