

PRESS RELEASE

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South Wales Police Host Special Springboard Event

South Wales Police recently hosted a special event to celebrate women's achievements on the award winning Springboard Women's Development Programme.

The programme is a personal and work development scheme for women and the aim of the event was to see its past participants reunite and share their experiences.

South Wales Police's Chief Constable, Barbara Wilding officially opened the event, with Gwenda Thomas AM providing a keynote speech.

Chief Executive of the Springboard programme, Jenny Daisley also attended and facilitated two excellent development workshops, along with the real calendar girl Trisha Stewart, whose idea of making a women's institute calendar was replicated on the big screen in the 2003 hit film Calendar Girls.

Delighted with how the scheme has helped progress her career, Principal Support Analyst at South Wales Police, Alison Davidson said: "I believe that part of my turn around was looking at life in a different way and pushing for better. My attitude has definitely changed since the course and I now look at things in life more positively."

South Wales Police Sergeant Moria Randall, who is one of the trainers on the programme said: "Since launching the Springboard programme at South Wales Police 4 years ago, more than 400 women have completed the course and have developed their careers. There are so many people with real ability, and it is very rewarding to see them coming through and going on to fulfill their potential."

"Here at South Wales Police the results of our Springboard Women's Development Programme have been exemplary," said Jenny Daisley. "I would like to congratulate the participants who have achieved results that are comparable to the very best that have been achieved in any of the 21 countries where the programme runs. I am also very impressed by the way the programme is delivered by the trainers and by the commitment and support from the Chief Constable Barbara Wilding."

ENDS

Notes to Editors

1. For more information, contact Marie Szymonski, Communications Officer on 01656 305952 or John Ruskin, Springboard Consultancy, 01980 611177.
2. For more information about the Springboard programme, visit www.springboardconsultancy.com